

OUR  
OWN  
THING

DO  
YOUR  
OWN THING

# **THIS PROJECT IS A CONTINUATION OF HEART N SOUL WORKING IN PARTNERSHIP WITH LSO DISCOVERY.**

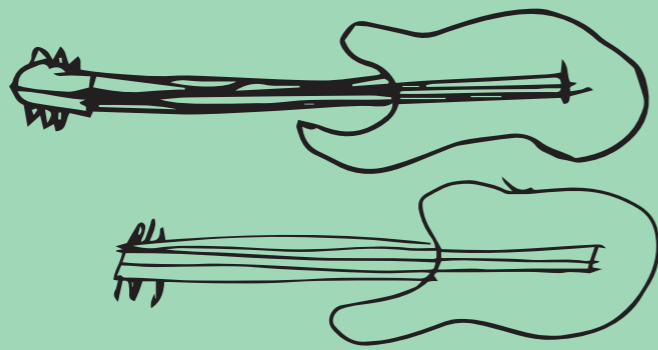
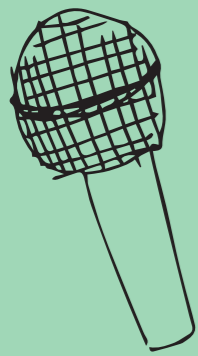
This project is a continuation of Heart n Soul working in partnership with LSO discovery.

It all came together at this big event - Our Own Thing - where people get to share their work, show their parents and all their family and friends, and other people that will come and enjoy it.

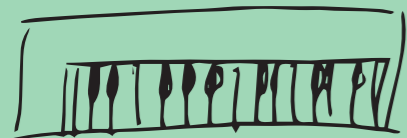
We had big ambitions to have as many young people involved in the event as we could and not be limited to just music, we wanted to show what Do Your Own Thing is all about.

We did this by mixing visual arts with music and it had a big influence on what was made. It meant we could find new ways of working that brought the best out in people. From Danielle's piece, 'We Did Some Gardening' which started out as a visual score, to Aysen conducting LSO musicians with her 'Colour Magic' live drawing, to Samir animating his song-story for his performance, the art and music on the night were as important as each other.

Do Your Own Thing is an event that happens once a month where young people can come and they can get skills in doing lots of different types of art forms. A lot of music happens, visual arts, DJing, radio and pretty much whatever people want to try and however they want to develop. It's about that and also meeting people.



**15** young artists and musicians worked with **9** LSO musicians. Each piece of music was created in a different way over **8** sessions and rehearsals. There were **12** performances, **11** original pieces of music and **1** jazz standard. **93** people attended the event at St. Luke's church.



## Songs

**Orange Fire** by Alexi

**This Town Is My Home** by Raf

**My Brother Zak** by Samir

**I Love You** by K-Dog

**Autumn Leaves** by David

**Kiss Crazy Nights** by Ehima

**All I See Are Beautiful Girls** by K-Dog

**Don't Stay With Us** by Raf

**Colour Magic** by Aysen

**We Did Some Gardening** by Danielle

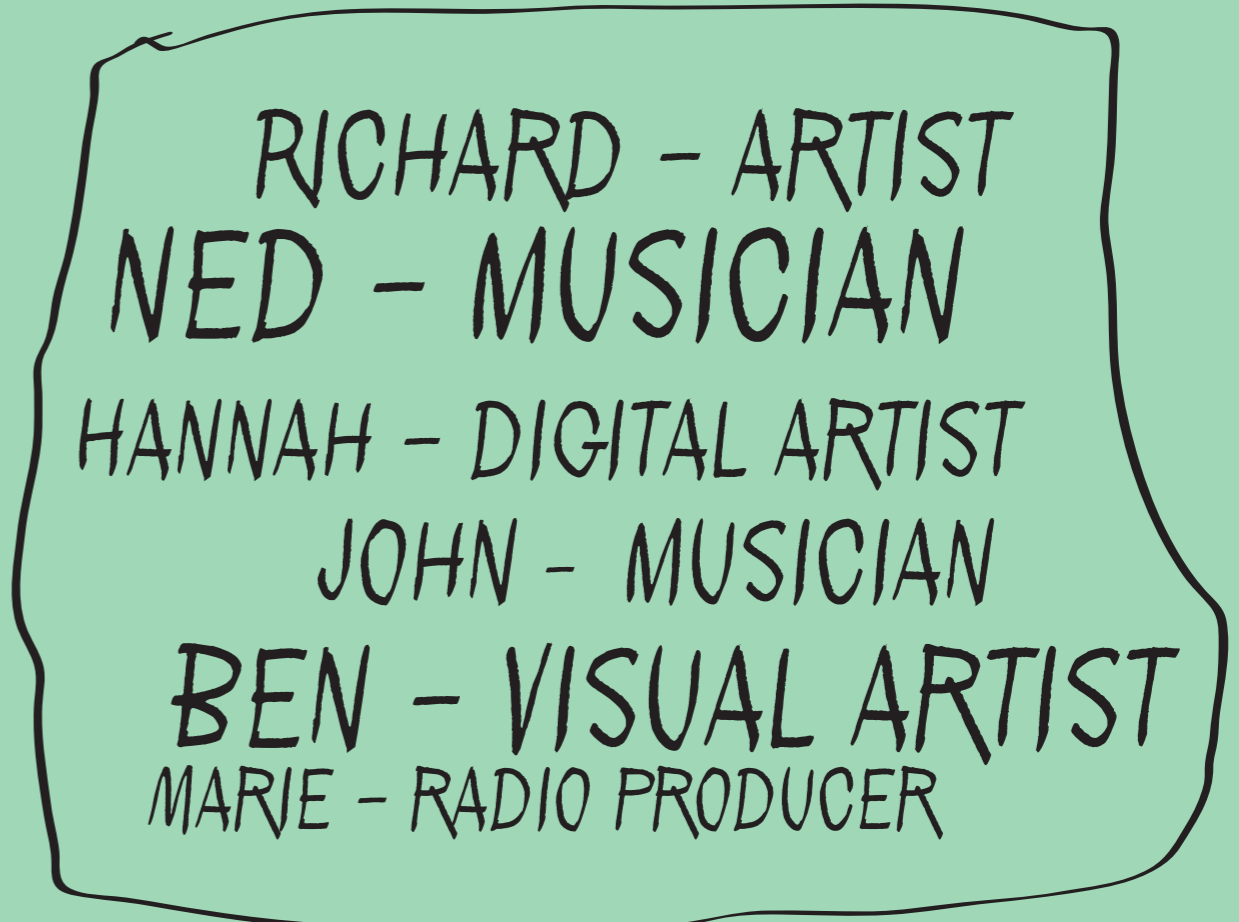
**Keep On Moving** by Electric Fire

**Constructing** by YOU...

Young Performers



Heart n Soul



Musicians from The London Symphony Orchestra







"MY FAVOURITE EXPERIENCE IS HEART N SOUL, THE MUSIC, SQUIDZ CLUB AND THE DANCE, THE SINGING, I LOVE TO PLAY GUITAR. I AM A SINGER, I DO SINGING."

**Samir**

"MUSIC HAS CHANGED MY LIFE IN AN EMOTIONAL WAY, WHEN I FEEL SAD I PUT ON MUSIC TO MAKE ME FEEL HAPPY."

**William**



"I FEEL WHEN I COME HERE I CAN PRETTY MUCH DO WHATEVER I WANT MUSICALLY"

**Harry**

"IT HAS INSPIRED ME BECAUSE I HAVE NEW EXPERIENCES OF LOTS OF DIFFERENT MUSIC BECAUSE OF THIS CONCERT"

**Leoni**





“I’m really proud of this event because it’s the Heart n Soul artists, the LSO musicians and the other artists supporting everyone that have come up with everything in this concert so it’s grown on its own.”

David, LSO Discovery

“Everyone has worked so hard on creating Our Own Thing and it’s easily one of the best things I’ve ever been involved with. It’s amazing to be part of something so free, creative and with everyone allowed to take ownership over what it is. It’s such a brilliant example of how building structures for people and putting trust in them allows the space to create incredible things you never could have predicted. I feel very lucky to be a part of tonight!”

**Richard, Heart n Soul**







“I feel hugely proud of the event, it’s one of the best things I’ve ever done. There’s so many people putting so much love and care and experience and expertise and some amazing young musicians who are incredibly creative, and we get to play their music!”

**Jez, LSO Artist**



“This event is important because it’s showing the huge amount of talent there is at Heart n Soul that comes out of Do Your Own Thing. It’s also important that people who come to Do Your Own Thing get to work alongside some of the best classical musicians in the world, we’re just so lucky to work with these people. Also, I don’t mind saying that I think they’re pretty lucky to be working with us as well! It’s important because it shows what is possible and I think everyone should be really proud of what they’ve done.”

**Jenny, Heart n Soul**



## The Audience



inspiring! fun!  
relaxing! exciting!  
full of energy.

Amazing, wonderful  
show.  
in awe of the  
talent and confidence  
that everyone  
showed. 😊

The screen with the artwork.  
The mix of people.  
The great music.

very fun and positive  
event. So glad I  
was able to attend  
😊

## Instagram

Joy  
-  **davidjeremy56**

what an amazing night  
-  **coke3359**

Good lcky tonight DJ Shalim  
-  **shakim86**

What. A. Night. @heartnsoulpics at LSO St  
Lukes and the @londonsymphonyorchestra  
-  **jezviles**

So this evening thanks  
to @davidjeremy56 I had my first  
experience of @heartnsoulpics  
with the LSO at St Luke's church.  
Just the most fantastic evening of  
rap, song, art-inspired orchestral  
music and music-inspired art. And  
it ended up with everyone banging  
all manner of instruments and  
hollering and beaming the roof off  
again. Heart and Soul completely!  
Check them out. They're at @  
roundhouseldn on March 7th!  
#heartnsoul #electricfire #fishpolice  
#k-dog #raph #lso #danielle  
#ludo #djcoke #djomg #m.u.r.c.  
#doyourownthing  
-  **keone1973**



HEART  
N  
SOUL

LSO

Design: Could be Good  
Photography: Christopher Andreou  
Illustrations: Ben Connors and young people at Do Your Own Thing

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Company Limited number 2830733  
[heartnsoul.co.uk](http://heartnsoul.co.uk)

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