

CONGOLESE RUMBA PROJECT CONCLUSION EVENT

Do you like listening to Congolese Rumba music?

Do you like to dance to Congolese Rumba?

Then Come and see young Congolese refugees play and dance to Congolese Rumba.

DATE **Thursday 29 November 2018**

TIME **4 – 5PM**

VENUE **Henderson Business Centre,
51 Ivy Road, Norwich, NR5 8BF**

RSVP **Book to avoid disappointment.
Places are limited.**



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MECH, Norwich African Community Centre (NORACC),
Henderson Business Centre, 51 Ivy Road, Norwich, NR5 8BF

Are you...
**Congolese
refugee?**
**Living in
Norwich?**
Aged 16-25?

Then Lost Generation
Congolese Rumba project
might interest you



Partners:



Funded by:



National Foundation for
Youth Music

WHAT IS LGCR?

Lost Generation Congolese Rumba (LGCR) is a project about making and listening to Congolese Rumba music by young Congolese refugees in Norwich.



Congolese Rumba is a popular genre of dance music that originated in the Congo Basin during the 1940s with strong similarities to Cuban son. The style gained popularity throughout Africa in the 1960s and 1970s.

The project will involve producing, listening and dancing to Congolese Rumba music by young Congolese refugees who have fled their country of Democratic Republic of Congo (DRC) due to civil war to settle in Norwich. Congolese Rumba plays important role in the social and spiritual life of Africans especially Congolese.

By bringing in Congolese Rumba music to young Congolese refugees, the project is designing one of the ways of engaging with young Congolese refugees to make them feel at home in Norwich and to help them overcome the traumas of civil wars.

PROJECT AIM

To engage young Congolese refugees living in Norwich in making, listening and dancing Congolese Rumba music.

TARGET GROUP

Congolese refugee children and young people who are not in employment, education or training (NEET), or who are at risk of becoming NEET due to circumstances affecting their educational engagement in Norwich.

AGE RANGE

16-18, 19-25

PROJECT DATES

01/06/2017 – 30/11/2018

WHY THIS PROJECT IS NEEDED

This work is important because we want to incorporate cultural traditional music in engaging with young refugees as part of our work. Since Congolese Rumba plays an important role in social and cultural life of Congolese, we also want to use cultural music as part of counselling and healing process for young Congolese refugees with post-traumatic-stress disorder (PTSD). Music is sound therapy and is a powerful tool in relieving this crippling disorder.

PROJECT ACTIVITIES

1. Producing, listening and dancing to Congolese Rumba music using instruments such as guitar, Conga Drums, Maracas, Scrapers, Flute, Saxophone, Trumpet, etc.
2. Learning and developing skills and gaining accredited qualifications using Arts Awards and ASDAN Awards.



Outcome 1

To improve young Congolese refugees' listening and performance skills music-making

Outcome 2

To increase the capacity of staff to use Congolese Rumba music in their activities with young Congolese refugees.

Outcome 3

To improve understanding of using Congolese Rumba music genres in refugee support among refugee workforce and sector.