



## Sonic Minds: Session Observation Framework

To be completed by music leaders, evaluators and other observers towards the beginning, middle and end of the project. This is to document any in-the-moment observations, and also any indicators of change in the young people you notice during the sessions. This is a flexible framework for noting observations: there is no requirement to complete this whole form. Some of these indicators may not be applicable at all. Just make notes of what it is that you do observe, even if minimal. The second half of this form is an opportunity for any general notes, reflections, comments, thoughts you may have.

### WELLBEING

Indicator	How many young people in the group...					Comments
An improvement in physical presence	All	Most	Some	None	N/a	
Moving more freely	All	Most	Some	None	N/a	
Demonstrating a sense of pride in themselves	All	Most	Some	None	N/a	
Willingness to express how they feel in the present moment	All	Most	Some	None	N/a	
Being able to accept praise	All	Most	Some	None	N/a	
Making good eye contact	All	Most	Some	None	N/a	

### AGENCY

Indicator	How many young people in the group...					Comments
Willingness to engage in verbal or non-verbal communication	All	Most	Some	None	N/a	
Take a lead in verbal or non-verbal communication	All	Most	Some	None	N/a	

Willingness to work collaboratively	All	Most	Some	None	N/a	
Taking an active lead in an aspect of the music making	All	Most	Some	None	N/a	
Willingness to engage in the musical activity	All	Most	Some	None	N/a	

### SELF EFFICACY

Indicator	How many young people in the group...					Comments
Having the confidence to try something new / different	All	Most	Some	None	N/a	
Willingness to demonstrate (i.e. an instrument, song, lyric)	All	Most	Some	None	N/a	
Noticeably listening to the music / music leaders	All	Most	Some	None	N/a	

### MOTIVATION

Indicator	How many young people in the group...					Comments
Willingness to try instruments / technology	All	Most	Some	None	N/a	
Willingness to contribute towards subject matter / artistic creation	All	Most	Some	None	N/a	

### SONGWRITING / COMPOSITION / PERFORMANCE SKILLS

Indicator	How many young people in the group...					Comments
Making/creating an intentional musical sound	All	Most	Some	None	N/a	
Expressing themselves through music	All	Most	Some	None	N/a	
Expressing themselves through active participation	All	Most	Some	None	N/a	

Producing some form of musical / creative output	All	Most	Some	None	N/a	
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**Any general comments or observations including reflections on your own practice:**